



## The Central United Baptist Church Newsletter

P. O. Box 1558  
Logan, WV 25601

May 2018

Tell My People

Vol. 40 No. 05

### Living Sacrifices...

**Romans 12:1** I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

– As a Christian, one of God’s greatest desires is for you to know His will for your life. According to our scripture the entire process begins with our willingness to surrender to the power of the Holy Spirit and the Word of God. This is not an easy task since we have both a carnal man and spiritual man living within us. So how can we overcome our old nature? We must first begin each new day by offering our minds and bodies as living sacrifices before the Lord. Secondly, we must spend time reading, praying, and studying the Word of God filling our minds with spiritual truths that will transform us. Thirdly, we must “prove what is that good, and acceptable, and perfect, will of God” in our daily walk.

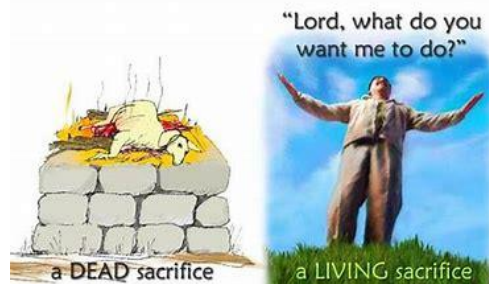
– As living sacrifices we must live our lives in such a way that our behavior and actions manifest a testimony that brings glory to God. The Bible teaches us that “obedience is better than sacrifice.” With that in mind, I can assure you we will never be obedient without sacrifice.

**Philippians 2:8** “And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross.” Jesus defined Himself as the ultimate living sacrifice when He said of His own life, “No man taketh it from me, but I lay it down of myself. I have power to lay it down, and I have power to take it again.”

– We live in a time of conformity: a time when many believers take a casual and convenient approach to their relationship and responsibilities to God. A time when many are no longer committed to the work of the Lord. In the last book of the Old Testament, Malachi the prophet said the priests of his day were guilty of offering polluted bread upon the altar of the Lord. They were also offering animals that were blind, crippled, and diseased. In the Old Testament, the sacrificial animal was dead before being offered: unable to escape or walk away. Therein lies the challenge before us as living sacrifices; without a transformed mind, the flesh will have the propensity to get up and walk away.

Love and prayers....

*Pastor Randy J. Sheens*



*Special Prayer Requests*

Pastor Randy & Sharon Skeens, Debbie and Paul Evans, Paula Duffield, Fred, Sr. & Kathy Bradley, Donsil & Betty Mullins, Martha Mason, John Hanshaw, Phyllis Hanshaw Boggess, the family of Susie Counts Johnson, David Adams, Jesse & Pearl Browning, Craig Kammer, John Collins, Ray Horsman, Jack Baisden, Sr., Harriet Gosier, Jamie Roehrer, Kevin Dillon, Sheridan Hager, Elijah Lacy, Roger McGrew, Amy Caldwell, John & Lillie Mays, Herman Williams, Mike Johnson, Bill Kazee, Joy White, Freddie Bradley, Jr., Joyce Wells, Larry Jewell, Silas Herriott, Beth Ann Gray, David Hanks, Lisa Pritchard, Maxine Hines, Della Kemp, Nancy Steele Smith, Adam Slack, Neal Scaggs, Robert O'Bryan, Glen & Fern Kincaid, Ronnie Robinette, Tim Thomas, Roger Farmer, Opal McGinnis, Ashley Calandros, John Baisden, Linda McGrew, Angie Slack, Jason McClung, Pat Hutchinson, Peggy Vickers, Brian Steele, Judy Steele Baisden, Patty Nelson, William Vance, Donna Williams, Libby Noe, Andrea Shepherd, Darrell Loggins, Ellen Wellman, Steve Grey, Patty Turner, Mark England, Fred & Margie White, Autumn Kolovich, Josh Akers, John Propst, Sr., Patty & Bill Mowery, Doris Vranich, Glen Lanthorne, James Ferrell, Laura Vaughan, Dana Furrow, Irene Furrow, Mary Ramey, Beulah & Wallace Williamson, Jimmy Dale & Glenna Wellman, Mark Farmer, Thomas Bradley, Willis Marcum, Emmett Frazier, Carrie Mullins, Faye Wiley, Gavin Napier, Tommy Robinette, Betty Young, Carol & Jim Moore, Terri Rodighiero, Anna Ellis, Isabella Propst, Pam Queen, Julia Crum, Cecil & Imogene Davis, Edith Notchie, Barbara Brewster Cook, Louie & Teresa Hensley, Mavis Collins, Pete Wiley, Betty Lambert, Mary Padgett, Robbie Padgett, Jim & Donna Trogdon, Artsel Browning, Lucille Adkins, Sharron Adams, Jean Bannister, Belva Burke, Betty Whitman, Marlene Justice, Lillian Grake, Linda Markham, Bob & Viola Meade, Christi Meade, Lois Wooten, Jerry Samson, Sharon Samson, Ann Curry, Zeffie Brogan, Mabel Watts, Nola Walsh, Pauline Bokken, Amy Kennedy, Brenda Hensley, Carolyn Counts, Kathy O'Bryan, Skylar Miller, Jack Creger, Judy Hicks, David Hale, Jason Bradley, Janet Doss, Myrtle David, Allen David, Lana Brammer, Ernie Bevins, Gloria Farmer, Donna Perry, Larry Brown, Bobbie Propst, Jason Adkins, Aaron Davis, Joey Queen, Joann Fortner, Shannon Green, Joe & Ruth Bowery, Makayla Williams, Joann Williamson, Vessie & Retha Marcum, David & Darelene Welch, Glen & Teresa Hager, Mildred Brammer, Madge Brammer, Billie Edmundson, Paula Adkins, David Godby, Bentlee Holbrook, Kathy Guy, Jennifer Adkins, Brad Marcum, Geraldean Adkins, Ernestine Sutherland, Sydney T. Brown, Carrie Hale, Bennie & Kay Browning, Joe, Sr. & LaVerne Hall, Johnny Counts, Juanita Coster, Tommy Adkins, Janice Cremeans, Sally Webb, Linda Evans, Bill Skeens, Brenda Roberts, Russell Adkins, Susan Justice, Virgie Ollie, Bill & Betty Bayless, Ben & Mildred Maynard, Donna Trevillis, Frank Farmer, Leah Jones, Eileen Hanks, Rev. Bobby Adams, Hobert & Judy Raikes, Ronald & Patty Raikes, Jacob Bibler, Hannah Bibler, Kenny & Polly Evans, Jim & Susan Brown and sons David & Matthew Brown, Jewell Kazee, Otto Marcum, Iris Kammer, Helen Kazee, Braydon Chirico, Clyde & Laverne Dickenson, Herbert Adkins, Benny Adkins, Rexford Curry, Julie Propst, Kayla Adams, Greg Elkins, Doug Fields, Barbara Baer, Brianna Adams, Cassion Collins, Lovetta Napier, Jay & Tammy Frye, Gage David, Paula Mikus, Kaye Runyon, Lawrence Homer Vaughan, Billy Bryant, Victor Noe, Lois Thompson, Lewis Sheppard, Everett Vance, Mike Ollie, Sr., Vincent Evans, Linda Williamson, Kaylae Scott, Layla Adkins, Janet Fortner, Debbie Blackburn, Jeff Gibson, Sally Wall, Tommy Wellman, Joann Kristen, Barbara Farley, Gabriella Propst, Donna Hughes, Chris Huffnus, Joe Mowery, Dylan Goodman, Kim Propst, Wendy Welch, Tom & Sandra Watson, Barney & Terri Goins and family, Emily Baisden, James Abshire, Scottie Jeffrey, Bub Bryant, Delores Daughtery, Mitzi Wolf, Patty Butcher, Susan C. Justice, Kenny Jeffrey, Brenda Adams, Melody Adkins, Tammie Thompson, Lynn Couch, Lois Farmer, Ida Hatton, Matt Morgan, Jack & Beth Kinder and sons Alex and Johnathan Kinder, Tilda Tomblin, Ursula Brown, George Hill, Tate Cox, Rudy & Doris Noe, Mildred Conn, Connie Hepler, Levie Abraham, Belva Burke, our unsaved loved ones, our church family, patients in the hospitals, residents in the nursing homes, our country and leaders, servicemen and women, our youth and youth leaders, and our college students away at school.

Thank you for praying – James 5:16  
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**April's Quiz for Bible Scholars:** The title written on Jesus' cross said, "JESUS OF NAZARETH THE KING OF THE JEWS." The three languages the title was written in were Greek, Latin and Hebrew as found in **John 19:19,20.**

**May's Hard Question for Bible Scholars:** What was the name of David's first wife? \_\_\_\_\_  
 Who was her well-known father? \_\_\_\_\_

Check your answer in the next month's Newsletter.

Please join us on the web at [www.centralubchurch.com](http://www.centralubchurch.com)

Life is like a beautiful garden. . .  
 Every day a rare budding flower. . .  
 Unfolding at the sunrise dawning. . .  
 Closing at God's sunset hour. . .

Our life is like a garden hue. . .  
 Where we may sow our seeds. . .  
 Of happiness, friendships and faith. . .  
 By kind and steadfast deeds. . .

Make us like a garden, Lord. . .  
 To grow as fertile as the sod. . .  
 Where we may know our blessing. . .  
 With the help of a loving God.  
 ~ Fenwick Sanford



May Anniversaries

- May 9 – Larry & Lana Brammer
- May 12 - Steve & Tammy Herbster
- May 14 – Jim & Susan K. Brown
- May 16 – Fred & Betty Clark
- May 20 – Bill IV & Brittany Wooten
- May 22 – Jason & Serena Bradley
- May 26 – Robert & Viola Meade



Happy May Birthday

- May 1 - Paige Hicks
- May 2 – Serena Bradley
- May 3 – Cathy Duncan, Cynthia Horsman, Rachel White, Ricky Adkins
- May 4 – Jack Bailey
- May 5 – Barry Jewell, Robert Kuenzel
- May 6 – Lillian Grake
- May 7 – Isabella Rodighiero
- May 9 – Tilda Tomblin, Kellie Adkins, Beth Ann Gray
- May 11 – Carrie Porter
- May 12 – Larry Jacob O’Bryan
- May 14 – Beth W. Kinder, Donnetta Cooke, Rachel Laurie, Breanna Welch
- May 15 – Brenda Skibo, Dara Martin, Jennifer Bannister, Rachel Marcum
- May 16 – Angela Thornhill, Mitchell Orr
- May 18 – Dora Robinson
- May 19 – Dianna Perdue, Monika Berry
- May 24 - Taylor Mullins, Sherry Price, Jacob Meadows
- May 25 - Jimmy Bumgarner, Keely Ramey, Linda Deaner
- May 28 – Jason David, Erica Bannister
- May 29 - Robert Meade
- May 30 - Rebecca Ross, Tyler Moore, Lucille Adkins, Thomas Bradley, Emma Moore,  
 Justin Browning, Jason McCloud



Church Bulletin Bl@ss@pers:

- Don't let worry kill you—let the church help.
- Remember in prayer the many who are sick of our church and community.
- Thursday night—Potluck supper. Prayer and medication to follow.
- The Rev. Adams spoke briefly, much to the delight of his audience.
- The Youth are saving aluminum cans, bottles and other items to be recycled. Proceeds will be used to cripple children.
- At the evening service tonight, the sermon topic will be "What is Hell?" Come early and listen to our choir practice.
- The pastor will preach his farewell message, after which the choir will sing, "Break Forth Into Joy."



**Central Church Calendar**

Mondays - Men's visitation, 6:30 p.m.  
 Wednesdays - Ladies visitation, 3 p.m.; Youth Meeting - 7 p.m.; Prayer Mtg. - 7 p.m.  
 Saturday, May 5 – CCC reserved, Jim & Dixie Long  
 Sunday, May 6, - Super Sunday Service, 10:30 a.m.,  
 Youth-sponsored Fund-raiser in CCC, 3-5 p.m.  
 Monday, May 7 – Ladies Aux. Mother's Day Dinner at Special Occasions  
 Saturday, May 12 – CCC reserved, Adams  
 Sunday, May 13 – Mother's Day  
 Saturday, May 18 – CCC & Shelter reserved, Jeffrey  
 Monday, May 28 – Memorial Day  
 Wednesday, May 30 – Vacation Bible School Kickoff  
 Sun-Thurs., June 3-7 – Vacation Bible School  
 Fri-Sat., June 8-9 – Church & CCC reserved, Wedding  
 Sunday, June 17 – Father's Day  
 Week of June 17-22 – Teen Camp at Salt Rock  
 Week of June 24-29 – Junior Camp at Salt Rock

Sunday Worship Schedule for May 2018

Super Sunday, May 6 – Pastor Randy preaching, Jubilee singing, special performance by CSI, 10:30 a.m.  
 Sunday, May 13 – Annual Outdoor Service with Rev. Lonnie Gore, Sis. Shawn Propst singing, 6 p.m.  
 Sunday, May 20 – Guest speaker Rev. Drew Bledsoe, Tonia Ward singing, 6 p.m.  
 Sunday, May 27 – Pastor Randy preaching, Sis. Helen Trent singing, 6 p.m.

*Hope to see you in Church!*

Ushers for May & June:

| May 6                                     | May 13          | May 20         | May 27           |
|-------------------------------------------|-----------------|----------------|------------------|
| Jamie Ellis*                              | Garth Hensley * | Fred Bradley   | Paul Evans       |
| Curtis Workman                            | David Adams     | John Collins*  | Bennie Browning* |
| Zach Cox                                  | Larry Ramey     | Monroe Tomblin | Jim Long         |
| June 3                                    | June 10         | June 17        | June 24          |
| Jamie Ellis                               | Garth Hensley   | Fred Bradley*  | Paul Evans       |
| Curtis Workman*                           | David Adams*    | John Collins   | Bennie Browning  |
| Zach Cox                                  | Larry Ramey     | Monroe Tomblin | Jim Long*        |
| Head Usher and Alternate – Bro. Jim Moore |                 |                |                  |

To all our shut-ins and our readers living out of town— A Happy May Hello to our shut-ins and out-of-town readers. We hope you are having a good day as you read the Newsletter. It comes with our warmest greetings and best wishes. Special greetings to Ann Curry, Susan Justice, Lillian Grake, Nola Walsh, Zeffie Brogan, Fern & Glen Kincaid, Mable Watts, Belva Burke, and all our very special readers. We look forward each month to saying "Hello" to you. Our thot for today: "Just as God renews the face of the earth and brings it new life and beauty each spring, so He can renew our lives if we let Him. It begins with a renewed mind (Romans 12:1-2) as we permit the Spirit to teach us God's Word (Eph. 4:23). Then we are to wait before the Lord and He will renew our strength (Isa. 40:31). There is always something new to enjoy when we 'walk in newness of life' (Romans 6:4)" - Copied." See you next month



**Ladies Auxiliary**—May's Auxiliary circle is Circle #2 with Sisters Wilma Adams and Lana Brammer serving as co-leaders. Circle #2 also includes Betty Clark, Linda Cox, Debbie Evans, Cynthia Horsman, Marlene Justice, Tresa Lambert, Betty Mullins, Mary Ramey, Margaret Small, Laura Vaughan, Freda White and Linda Williamson.

Seeking Opportunities to Serve God by Serving Others" "

### Ascension Blessings

**DID YOU KNOW**—that Thursday, May 10th is the anniversary of Christ's ascension into Heaven? Can't you just picture Him rising slowly heavenward as His disciples looked on in awe and amazement? Surely many of God's children have often wished they could have seen Jesus as the disciples did both before and after His resurrection. How the disciples must have felt when they saw Him ascend and disappear from their view!



We seem to give little thought to what the ascension of our Lord means for us today. In fact, it signifies three great spiritual truths. First, it tells us that the Savior is seated at God's right hand as our Advocate—not as a lowly suppliant on a footstool, but as a crowned prince on a throne. Second, it assures us that He, as the exalted Head of the church, is in charge of the universe. He governs and rules in the affairs of men for the benefit of His people, and He imparts to His own the blessings He procured for us on the cross. Third, it reminds us that He is in Glory today in a resurrected body like the one we shall receive someday.

Our Savior went up to Heaven while His apostles watched intently, and the Bible records that event for our instruction and comfort (Acts 1:6-11). Isn't it a blessing to know He ascended to His Father and is interceding for us at the Father's right hand? ~ Copied

**A Special Thank You** to Glen & Fern Kincaid, Nola Walsh, Jack Creger, Mabel Watts, and others who are faithful contributors and supporters of Central Baptist Church. We love and appreciate you. Please continue to pray for your church family at Central United Baptist Church.

Hey, Kids!

VBS Kickoff Wednesday, May 30th

VBS start Sunday, June 3rd

Don't miss the fun at VBS!



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Recipe for **Broccoli Bread** (Jean Hinkle) submitted by Frankie Workman

- 1 loaf frozen bread dough (thaw in fridge overnight) we use the recipe for pizza dough, makes 2 breads
- 1/2 box frozen broccoli (spears or florets)
- 1/2 pkg. sliced pepperoni (or 3 slices of ham)
- 3 slices provolone cheese
- 1/2 pkg. grated mozzarella cheese (4 oz.) or 3 slices
- 1/2 pkg. grated Colby cheese (4 oz.) or 3 slices
- 1/4 cup parmesan cheese



Roll out dough to form a 14" circle. Defrost broccoli and chop if using spears. Lay provolone on dough. Next, add pepperoni or ham, mozzarella, broccoli, Colby, and top with parmesan. Bring sides and ends of pastry up to the top and pinch to seal. Bake 25 minutes at 350 degrees. Let stand 5 minutes before slicing. This bread can be used as an appetizer or as a main dish served with a fresh garden salad.



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**It began as Decoration Day (May 30, 1868), when garlands were placed on the graves of the Civil War dead. It became Memorial Day, an occasion for America to honor those who gave their lives in all wars. It has continued with solemn ceremonies in cemeteries across the country, with parades of school children proudly carrying American flags. And on this day families have decorated the graves of those whose memory they cherish.**

**Yes, we need to relax and enjoy the holiday, but let us not forget to display the Stars and Stripes in our yards; to take that journey to the cemetery with our tokens of geraniums and peonies and wreaths; to wear the Veteran's poppy with concern for his welfare.**

**Let us remember who we are and where we are—Americans in a free land with the power of self-determination and pause to remember those who have preserved our heritage. Above all, let us remember we started out as a God-fearing nation. Psalm 33:12 –"Blessed is the nation whose God is the Lord; and the people whom he hath chosen for his own inheritance."**

